



**Volume 5 Issue 1
FALL 2021**



CSA RETIREE CHAPTER QUEENS REGIONAL UNIT



FROM THE QUEENS REGIONAL UNIT LEADER

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It's hard to believe that it has been over a year and a half since the beginning of the COVID-19 pandemic. At this point, most of us have received two vaccinations and are hearing about the need for a booster shot approximately six months after the second inoculation. In fact, for those people who took the Pfizer vaccination booster shots are available and recommended for those of us who are 65 and older and for those who are immune compromised as well as for certain health conditions.

The Queens Unit has begun to resume many of our activities. We are currently offering weekly virtual Yoga classes together with the Long Island Unit. Our Book Club meets virtually monthly and we started to schedule in person Bridge Club classes. Also, we are going to schedule luncheons beginning in November. We have kept members informed about current matters via emails and newsletters. Updates are posted frequently on our website - www.csaqueens.org.

Please save the date - On Tuesday, October 5, 2021, we will be holding a virtual general meeting at 10:00 A. M. Our guest speakers are Henry Rubio, Executive Vice President, CSA and Dr. Douglas Hathaway, Administrator, CSA Welfare Fund. Doug will discuss the new Medicare Advantage Plus Plan. You must be a paid 2021 Queens Regional Unit member in order to receive the virtual link for the meeting.

If you haven't renewed your membership in our Unit please do so immediately, especially if you wish to attend the meeting on October 5th. Members received emails about membership renewal on numerous occasions. The renewal form can be downloaded from our website.

Outreach

Irwin Shanes – c
Deborah King
Fannie Smiths

Activities

Dee Dee Goidel - c
Lillian Garelick
Joseph D. Rosenberg

c = coordinator

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I want to encourage you to continue to keep a positive attitude and make sure that you connect with family and friends safely in order to have some sense of normalcy despite the pandemic. The good news is that there are vaccines and a booster available or will shortly be available so please keep up-to-date about inoculations.

Be well and stay safe!

Fraternally,

Len

Leonard B. Serman
Queens Regional Unit Leader

From our Membership Chairperson

Andrea Dapolito



**BE SURE TO FILL OUT YOUR MEMBERSHIP
REGISTRATION!**

Renew your membership today to continue taking advantage of the
benefits the Queens Unit has to offer.

We have begun to schedule in person and virtual events.
We hope to resume in person and luncheon meetings shortly.

Check our website at: www.csaqueens.org for the latest information and the
membership/renewal form

UNIT ACTIVITIES

Rescheduled Luncheon Meeting

The annual luncheon meeting at *Terrace On The Park* scheduled for Tuesday, October 12, 2021, was cancelled due to the COVID 19 - Delta Variant. The luncheon meeting has been rescheduled to Tuesday, October 11, 2022.

Virtual General Meeting Scheduled

There will be a virtual general meeting on Tuesday, October 5th at 10 am. Featured Guest Speakers:

- Henry Rubio, Executive Vice President, CSA
- Dr. Douglas Hathaway, Administrator, CSA Welfare Fund. Learn about [NYC Medicare Advantage Plus Plan](#).

Go to our website csaqueens.org for detailed information and the zoom link.

BACK BY POPULAR DEMAND



With Suzanne

Wednesdays 10:00 - 11:00 AM

October 6th, 13th, 20th, 27th
November 3rd, 10th, 17th, 24th
December 1st, 8th, 15th

Gentle Chair Yoga for Seniors

Please use the info below to access the Meeting ON ZOOM

CLICK HERE TO JOIN:

<https://us02web.zoom.us/j/83320186306?pwd=NXhQajB1TEx0TDdiVHR1dGhvczBaQT09>

Meeting ID: 833 2018 6306

Passcode: 636870

BRIDGE CLUB IS BACK



Supervised play and lessons conducted by Lilian Garelick (bridge life master.)

Intermediate and advanced players only.

Mondays: October 18th, 25th & November 1st, 8th 10:00 a.m. to 11:30 a.m.

at: North Shore Towers CARD ROOM - Building #2 (sub-basement) 270-10 Grand Central Parkway, Floral Park, New York 11005

* North Shore towers requires masks to be worn and proof of COVID-19 vaccine. Reserve your place by sending an e-mail to: Andrea Dapolito at: andap11001@gmail.com. by October 11th, for those new to bridge beginner lessons are being planned for later in the fall.

Go to our website csaqueens.org for detailed information

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BOOK CLUB (VIRTUAL)

The Book Club meets monthly. For information please contact Andrea Dapolito at andap11001@gmail.com

UPDATED Book List and Schedule:

September 27th The Rose Code by Kate Quinn

October 25th Killers of the Flower Moon by David Crane

November 29th The Maidens by Alex Michaelides & The Guest List by Lucy Foley

THE MOVIE CLUB RETURNS IN OCTOBER



Look for details soon about our first event.

Go to our website csaqueens.org

LEGISLATIVE NEWS



REMEMBER TO VOTE!

CSA Supports

Eric Adams, Mayor

Donovan Richards, Queens Borough President

3rd Annual CSA Scholarship Fund Golf Outing

Monday, October 11

Dyker Beach Park Golf Course

1030 86th Street & 7th Avenue, Brooklyn, NY

Check-in is at 11:30am and lunch will start at noon.

Tee time is at 1 PM with a cocktail reception to follow.

Click [HERE](#) for a registration form and [HERE](#) for a sponsorship form.

Prizes and Awards:

The Longest Drive, Closest to the Pin, and Lowest Team Score.

The following is a list of ways in which you can give support:

- **Event Sponsor(s) - \$3000 (Includes 1 foursome and Special Recognition Throughout the Event and T-Shirt Recognition)**
- **Lunch Sponsor(s) - \$2500 (Includes 1 Foursome and Special Recognition at the Barbeque and T-Shirt Recognition)**
- **Hole Sponsor(s) - \$500**
- **Closest to the Pin Sponsor(s) - \$500**
- **Longest Drive Sponsor(s) - \$500**
- **Individual Ticket - \$125**
- **Lunch Only - \$35**

For additional information or to donate items for our raffle, please email

Erminia Claudio at erminia@csa-nyc.org or call (212) 823-2025.

If you prefer not to golf, join us for lunch and the awards presentation.

Courtesy of CSA Long Island Chapter

LONG ISLAND CENTER FOR INDEPENDENT LIVING, INC.

By: Ronald Berkenblit

Dear Colleagues,

We have a valuable resource on Long Island that you may have to use some day. The Long Island Center for Independent Living (LICIL) is that resource. They have an EQUIPMENT LOAN BANK. At no charge, just a refundable cash deposit fee of: \$25. for small items, and \$50. for large items. They lend out durable medical equipment. Their inventory includes:

- Wheel chairs
- Commode Seats
- Walkers
- Shower Chairs
- Canes
- Crutches, and more

You can pick up equipment, if it is available, at their office on Hempstead Turnpike in Levittown. If you are unable to pick up the equipment, you can arrange with LICIL for free delivery.

Medicare and other insurance pays for most of the items of durable medical equipment, with a doctor's prescription, after a deductible is met. Borrowing equipment from LICIL eliminates a storage problem once you no longer need the equipment. You simply return the equipment and your deposit is returned.

LICIL also accepts donations of equipment that is in excellent condition. They add it to their inventory for use as loaners to other consumers.

IMPORTANT: Call First! (516) 796-0144 and speak to Vanessa. Find out if they have the equipment you need and/or if they have room to store an item you wish to donate.

Please note – the Suffolk County Branch of LICIL does NOT have an Equipment Loan Bank.

Long Island Center for Independent Living, Inc. 3601 Hempstead Turnpike - Suite 208 Levittown, NY 11756

Web Address: <https://licilinc.org> Email: LICIL@aol.com Telephone: (516) 796-0144 Fax: (516) 520-1247

[Stay current, check out our website!](#)



CSA Queens Website
www.csaqueens.org

Queens Regional Unit Executive Board

